

Christ the King Parish

1800 Bedford Way Bakersfield, CA 93308

Rev. Joseph Warnakulasooriya

warnakulasooriyajoseph@gmail.com

Deacon Fred Ansolabehere, deaonfred@christtheking.ws

Deacon Joe Parugrug, deaconjoe@christtheking.ws



PARISH OFFICE

Hours:

Mon.-Fri. 8:30 a.m. - 3:30 p.m.

(661) 391-4640

Email: ctk@christtheking.ws

Website: www.christtheking.ws



Rev. Joseph Warnakulasooriya

MASS SCHEDULE

Saturday 4:00 p.m. (Vigil, English)

Sunday 7:45 a.m.

9:30 a.m.

11:00 a.m. (Spanish)

Daily Masses:

Monday - Communion Service 8:00 a.m.

Tuesday - Friday 8:00 a.m.

First Saturday 8:00 a.m.

CONFESSIONS

Saturday 9:30 a.m. - 11:00 a.m., or by appointment

EXPOSITION OF THE BLESSED SACRAMENT (Chapel)

Mon. - Wed. & Fri. 9:00 a.m. - Noon

Thurs. 9:00 a.m. - 8:00 p.m.

HOLY COMMUNION FOR HOMEBOUND

Call the Parish Office

BAPTISMS & MARRIAGES

By appointment with the Pastor

RELIGIOUS EDUCATION

Call the Parish Office (661) 391-4640

ADULT OCIA (Order of Christian Initiation of Adults)

Ed & Carole Lugo, (951) 903-8471

Chris & Terry Thompson, (661) 203-7255

LIFE TEEN

2nd & 4th Tuesdays 6:00 p.m. - 7:15 p.m.

For more information call Traci Peel 859-4179

YOUNG ADULT MINISTRY (YAM)

For More Information Call

Cinthy Ramirez, (661) 343-5911

Natalie Olvera, (661) 910-5090

youngadultministryctk@gmail.com

Contact Deacon Fred Ansolabehere at

deaonfred@christtheking.ws

For the following:

Altar Servers

Eucharistic Ministers

Lectors

PARISH ACTIVITIES

Parish Finance Council - Dcn. Fred Ansolabehere, Tom Duncan, Ron Holbert, Jude Hupp, Peggy Hubble, and Ed Lugo

Parish Development Committee

Bazaar (BBQ): Peggy Hubble, 747-5942
phubble523@gmail.com

Greeters/Ushers - Kathy Haynes, 588-8877

Music Ministry - Jim McClelland, 472-1763

Carmelite Discalced Secular - 3rd Sunday 1:00 p.m.
McGovern Hall, Carole Souza, (559) 936-5432,
thelittleway73@gmail.com

Ladies Guild - 2nd Thursday (monthly) 6:00 p.m.,
McGovern Hall, Peggy Hubble, President 747-5942,
phubble523@gmail.com

Knights of Columbus - 1st Thursday (monthly) 7:00 p.m.,
McGovern Hall, Al Perich, Grand Knight 872-1494,
alperich049@gmail.com

Right to Life Rosary - 4th Thursday (monthly) 6:30 p.m.
Norm Reimers, ncreimers@att.net

12-Step Program - 1st Thursday (monthly) 7:00 p.m. - 8:30 p.m.
Room A, Glen Chesbrough, (760) 417-0193

Bible Study - Tuesday 6:00 p.m. - 7:00 p.m., Room A

Spanish Prayer Group - Tuesday 7:00 p.m. - 9:00 p.m.
McGovern Hall, Oscar Coreas 477-2252

Prayer Blanket Ministry - 1st and 3rd Wednesdays (monthly)
9:00 a.m. - Noon, Room B, Karen Flores, 393-5171
Prayer Blankets are available in the parish office.



-PASTOR'S PAGE—March 1, 2026

My Dear Family,

It's good to come back to you, Christ the King family as we are entering into the Second Week of Lent. I am sure our spiritual exercises and Lenten observances had brought us a little more closer to Our Lord. In the past two of my Pages, I had dealt with the Theme '**Forgiveness**' and I want to stay on this page also on forgiveness. We know God sent his Son to this world to reconcile us to his Father, and our reconciliation won't be complete unless we have learned to reconcile ourselves with one another in giving and receiving forgiveness. One of the most important element of forgiveness is **Healing Our Memories**.

I do have several scars on my body which I have gotten them as early as when I was a child. But I have a very big scar, around 20 stitches on my leg. That's the result of my motor bicycle accident in 1996 on Holy Saturday. Though I have these scars on my body, yet they don't hurt anymore. Those scars bring fresh memories of my past, but they don't hurt me.

So, **forgiveness** does not mean **forgetting**. When we forgive a person, the memory of the wound might stay with us for a long time, even throughout our lives. Sometimes we carry the memory in our bodies as a visible sign. **But forgiveness change the way we remember**. It converts the curse into a blessing. When we forgive our parents for their divorce, our children for their lack of attention, our friends for their unfaithfulness in crisis, our spouses for their betrayal, our doctors for their ill advice, we no longer have to experience ourselves as the victims of events we had no control over. I am not saying write off the justice part. As the bible says "Beloved, never avenge yourselves, but leave it to the wrath of God..." (**Romans 12:19**). So, leave it to God. Let him deal with it. But on your part **let it go and let God in**.

Forgiveness allows us to claim our own power and not let these events destroy us; it enables them to become event that deepen the wisdom of our hearts. The forgiving person is a wise and wealthy person. Forgiveness indeed heals memories.

So, let this Lent be an experience that deep healing, and letting go of our hurts and allow those healed memories to increase our faith and wisdom. Much in my prayers. Keep me in your prayers as well.

May our God Bless You,
~**Father Joseph**~





Querida Familia,

Es bueno volver a estar con ustedes, familia de Cristo Rey, mientras entramos en la Segunda Semana de Cuaresma. Estoy seguro de que nuestros ejercicios espirituales y las observancias cuaresmales nos han acercado un poco más a Nuestro Señor. En el pasado, dos de mis páginas trataron el tema del "**Perdón**" y quiero continuar con esta página, que también trata sobre el perdón. Sabemos que Dios envió a su Hijo a este mundo para reconciliarnos con su Padre, y nuestra reconciliación no será completa a menos que aprendamos a reconciliarnos unos con otros al dar y recibir perdón. Uno de los elementos más importantes del perdón es **Sanar Nuestros Recuerdos**.

Llevo pañuelos en el cuerpo, que me los pusieron desde niño. Tengo una cicatriz muy grande, de unos 20 puntos en la pierna, fruto de mi accidente de moto en 1996, el Sábado Santo. Aunque tengo cicatrices, ya no me duelen. Estas cicatrices me traen recuerdos frescos del pasado, pero no me duelen. Así que perdonar no significa olvidar. Cuando perdonamos a alguien, el recuerdo de la herida puede permanecer con nosotros durante mucho tiempo, incluso toda la vida. A veces llevamos el recuerdo en el cuerpo como una señal visible, pero **el perdón cambia nuestra forma de recordar**. Convierte la maldición en una bendición. Cuando perdonamos a nuestros padres por su divorcio, a nuestros hijos por su falta de atención, a nuestros amigos por su infidelidad en momentos de crisis, a nuestras parejas por su traición, a nuestros médicos por sus malos consejos, ya no tenemos que sentirnos víctimas de acontecimientos que escapaban a nuestro control. No digo que descarten la parte de la justicia. Como dice la Biblia: "Amados, no os venguéis vosotros mismos, sino dejadlo en manos de la ira de Dios..." (**Romanos 12:19**). Así que déjaselo en manos de Dios. Deja que Él se encargue, pero tú, por tu parte, **déjalo ir y deja que Dios entre**.

El perdón nos permite reivindicar nuestro propio poder y no dejar que estos acontecimientos nos destruyan; les permite convertirse en acontecimientos que profundizan la sabiduría de nuestro corazón. Quien perdona es sabio y rico. El perdón, en efecto, sana los recuerdos. Así que, que esta Cuaresma sea una experiencia que sane profundamente y nos permita liberarnos de nuestras heridas, y que esos recuerdos sanados aumenten nuestra fe y sabiduría. Rezo mucho por ustedes. Manténganme presente también en sus oraciones.

Que Dios te bendiga,

~Padre Joseph~



Today's Gospel tells of the Lord's temptation in the desert. After 40 days of fasting in the desert, Jesus meets the devil, who proceeds to lure the Messiah onto the path of sin. Jesus's sacrifice will entail his coming to battle sin at close quarters, his willingness, therefore, to be drawn by its power, to come under its sway.

Satan first tempts Him with pleasure: "If you are the Son of God, command that these stones become loaves of bread." One of the most elemental forms of spiritual dysfunction is to make the satisfaction of sensual desire the center of one's life. Jesus respond: "One does not live on bread alone, but on every word that comes forth from the mouth of God."

Jesus enters, through psychological and spiritual identification, into the condition of the person lured by this sin, but then he manages to withstand the temptation and in fact to twist this perversion back to rectitude. ~~~

El Evangelio de hoy narra la tentación del Señor en el desierto. Tras cuarenta días de ayuno en el desierto, Jesús se encuentra con el diablo, quien intenta seducir al Mesías por el camino del pecado. El sacrificio de Jesús implicará su venida a combatir el pecado cuerpo a cuerpo, su disposición, por tanto, a dejarse dominar por su poder y a someterse a su dominio.

Satanás primero lo tienta con el placer: «Si eres Hijo de Dios, ordena que estas piedras se conviertan en panes». Una de las formas más elementales de disfunción espiritual es hacer de la satisfacción del deseo sensual el centro de la vida. Jesús responde: «No solo de pan vive el hombre, sino de toda palabra que sale de la boca de Dios Jesús entra, a través de la identificación psicológica y espiritual, pero consigue resistir la tentación en la que se encuentra

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**MASS INTENTIONS FOR THE WEEK**

|             |         |                                                           |
|-------------|---------|-----------------------------------------------------------|
| Sat Feb. 28 | 4 pm    | +Joe and +Shirley Clerou                                  |
| Sun Mar. 1  | 7:45 am | +Mary Drew White                                          |
|             | 9:30 am | +Stephen Drew                                             |
|             | 11 am   | +Isidro Romero                                            |
| Mon Mar. 2  | 8 am    | <b>COMMUNION SERVICE</b>                                  |
| Tue Mar. 3  | 8 am    | Int. of Deacon Dan Rindge & Family                        |
| Wed Mar. 4  | 8 am    | Int. of Sarah Costello & Family                           |
| Thu Mar. 5  | 8 am    | Int. of Chuck and Pauline Jeffries +Eugene White          |
| Fri Mar. 6  | 8 am    | +Fr. Jerry Hartz +Mary Bent                               |
| Sat Mar. 7  | 8 am    | Int. of Holiness & Sanctification of Clergy               |
|             | 4 pm    | +Joe & +Shirley Clerou                                    |
| Sun Mar. 8  | 7:45 am | Int. of Greenleaf Family                                  |
|             | 9:30 am | Int. of Living and deceased persons of Portuguese descent |
|             | 11 am   | Int. of Raul Holguin & Family                             |



**OREMUS**  
PLEASE KEEP THESE  
PARISHIONERS IN YOUR  
PRAYERS



Mahlon Eaton, Noe Lagunas, Patrick O'Neill, Olsen Family, Charles Hudgins, Antonio Chavez, Dahlia Cabrera, Darcy Leonard, Adonis & family, Larry Gannon, Jorunn Flatnes, Kathy Embry, Retta Michelli, Joseph, Sherri David & family, Sister Elaine & family, Stephanie Rahrig & family, Maddison Swim & family, Luis Ramirez Sanchez & family, Stephanie & family, Sabir & family, Jean & family, Consuelo & family, All those who have been in our prior bulletins

**REQUIESCAT IN PEACE**

Joseph Jenson

TO ADD SOMEONE TO THE PRAYER LIST, PLEASE  
CONTACT: DAHLIA CABRERA -  
dahlia@christtheking.ws



**Knights of Columbus  
Basketball Free Throw Championship**



Elio Rogel won the 7-year-old boys' champion. Gabriel Reyes was the 8-year-old girls' champion. Kristen Atienza was the winner of the 9-year-old girls' division and Abraham Romero was the winner of the 9-year-old boys' division. Abigail Alvarez was the 10-year-old girls' champion and Ivan Avelar was the winner of the 10-year-old boys' division. In the 11-year-olds' bracket, Fabian Molina was the boys' champion. Twelve-year-old winner in the boys' division was Ian Herrera. Fourteen-year-old champion was Elizabeth Cruz in the girls' bracket. Each winner received a 1<sup>st</sup> place award certificate and a \$15 gift card for Rosemary's Family Creamery.



**Lenten  
Meal  
"Sticky Salmon"**

- 4 Salmon Filets
- Kosher Salt & Pepper
- 1 tsp. smoked paprika
- 1 tsp garlic powder
- 1 to 2 tablespoons unsalted butter
- 4 garlic cloves, minced
- 1/3 cup honey
- 1/3 cup water

**Avocado greens**

- 1 large head of kale, stems removed & shredded
- 3 tablespoons fresh squeezed lemon juice
- 2 tablespoons honey, 1 tsp Dijon mustard, 1 garlic clove, minced, 1/3 cup olive oil, 1 avocado (sliced)

**Directions:**

Season salmon, heat 1 tablespoon butter, add salmon, cook 3-4 minutes, adding the remaining butter.  
Whisk honey, water & garlic., pour into skillet, cook additional 5-6 minutes, turn off the heat  
Add olive oil to Kale  
Dressing: whisk lemon juice, honey, Dijon, pinch of salt/pepper, whisk in olive oil and enjoy!

Don't forget! There is Mass on *first Saturdays* at 8am and goodies will be served afterwards in the hall !

Next date: **March 7th**  
Hope to see you there!



**Life-Giving Love Workshop**

March 14<sup>th</sup> & 15<sup>th</sup> 2026  
Sat 9:00 a.m. — 6:00 p.m.  
Sun 9:00 a.m. — 6:00 pm  
At Our Lady of Guadalupe  
Church Hall, Bakersfield, CA



A Catholic workshop on Sexuality, Marriage, Communication, Responsible parenthood, NFP, Formation & the Mission of the Family. Presenting teams: Catholic couples and Fr. Shaji, OSJ. Married and engaged couples as well as interested individuals are invited.

**Lunch provided / Childcare NOT provided**

Contact: O.L.G. Church, Bakersfield  
@ (661) 323-3148 or Andres & Hortencia @ (661) 345-4518



Christ the King Church is blessed to have your dedication and service. Your consistent dedication to Christ the King has been a true testament of your love for the church and community.

Thank you for being a shining light in our congregation!

La iglesia de Cristo Rey se siente bendecida por su dedicacion y servicio. Su constante dedicacion a Cristo Rey ha sido un verdadero testimonio de su amor por la iglesia y la comunidad. Gracias por ser una luz brillante en nuestra congregacion!



If you're not in town,  
Consider mailing your donation to:

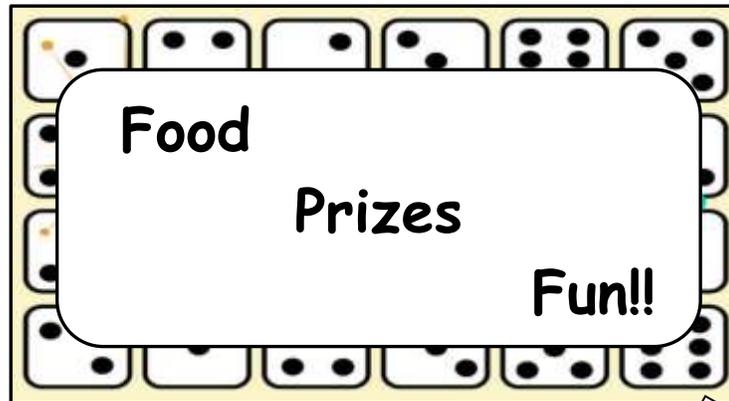
**CTK Office**  
**1800 Bedford Way, 93308**

*"Create in me a clean heart,  
O'God, and renew a right spirit  
within me"*

*Psalm 51:10-12*

Join us for  
**Ladies Guild Game Day!**

Saturday, March 14, 2026  
11am to 2pm



*(18 years and older)*

Christ the King Parish Hall  
Donation: \$25 per person  
Hurry! Space is limited to 64

Donations of food and door prizes are welcome!

Send bottom portion of this form and money **by March 7th** to:

Sandy Gonzalez, 9002 Oak Brook Ct., Bakersfield, CA 93312

In honor of St. Patrick's Day wear green.

If you are able to bring a card table to use let us know.

Questions? Call Sandy at 661-342-5061 or email to [sandyg@bak.rr.com](mailto:sandyg@bak.rr.com)

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Name \_\_\_\_\_

Phone Number \_\_\_\_\_

How Many Attending? \_\_\_\_\_

Amount Enclosed @ \$25 per person \_\_\_\_\_

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